



**Family Voice
Peterborough**
Registered Charity
1141009

Special points of interest:

- **Participation News**
- **Opportunities to participate**
- **FVP Charity News**

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Welcome to latest newsletter!

Hello to the Autumn Term newsletter (it seems hard to believe we are already in September). We hope this newsletter finds you all well.

This edition has lots of information on participation opportunities and support for parent carers in the form of support groups, training and workshops. The Behaviour workshops run in partnership

with CPFT are back again too.

Please do particularly take a look at the article about the OFSTED/ CQC Local Area inspections (we will be putting a call out for parent carers to take part in a focus group to share their SEND experiences). Remember it is your views/ your voice that counts when it comes to services for your children and young people.

Please also remember to pass this newsletter on to other people when you have finished reading it, help to share the voice of parents across Peterborough.

As always happy reading.

FVP Trustees

Don't bin me, pass me on to other parents!

Trustee Update

The FVP annual returns are now available to download from the Charity Commission Website. The Trustees Annual Report details the work of FVP during the financial reporting period April 2015 to March 2016.

The Trustees are the people who manage the charity; they are responsible for it's finances, any staff employed by the charity, ensuring accountability, ensuring the charity works in the public interest and much more.

**Your Newsletter
Your Voices
Your Participation**

National and Regional News

NNPCF UPDATE

We hope you are starting to enjoy the longer days and finally we are getting to feel a little warmer! We would like to share with you some updates from the Steering Group. You will be aware from the last joint bulletin that the NNPCF Steering Group had reviewed your responses to the questions that we asked you about future priorities for your Steering Group and National Network in order to help us shape our strategic thinking. This needed to be considered together with the Department for Education contract requirements and the budget agreed for the NNPCF for 2016-17.

The Department for Education have asked that over the course of 2016 -17, that the NNPCF and Contact a Family work together to help strengthen the structures and governance of the Regional Parent Carer Forum Networks building upon the regional cluster meetings that already take place. The aim is to enable the culture of parent participation to be firmly embedded into Regional working, in addition to Local and National decision making.

As well as steering the direction of travel for the NNPCF, the Regional Steering Group members role will be to support all 9 Regional Parent Carer Networks to develop a structure that enables them to have a clear Regional identity, with terms of reference that govern how they work collectively to:

- Share and collate regional priorities
- Provide strategic regional feedback to the NNPCF Steering Group
- Provide regional representatives to attend Regional fora if required
- Contribute to the Regional SEND Peer Network agenda as required

This means that you will be seeing more of your Regional Steering Group member in your region!

The final figure on the hours of representation, delivered by the Steering Groups Members on behalf of the NNPCF for 2015/16 has been calculated, with up to 3,000 hours of engagement with the Department for Education,

the Department of Health, the Department for Work and Pensions and numerous partners on projects and events being undertaken from April 2015 to 2016.

In order to maximise the number of days that the NNPCF can deliver in terms of 'doing participation' the Steering Group members have been asked to join the wider team of National Representatives. Requests that the NNPCF receive for parent representatives to attend a meeting or event will now be allocated according to skills, knowledge, interests and availability. The whole team of national parent representatives will be managed by Karen Woodissee. Lara Roberts will adopt the role of Communications Lead and Doug Morris will be responsible for balancing the budget. Externally, the NNPCF Steering Group have been busy too!

The NNPCF Steering Group members met with Edward Timpson and Jane Ellison, the Parliamentary Under Secretary for Public Health recently. At these meetings we presented both Ministers with the NNPCF National Priorities document. We have now received the response to

Communication Channels

Facebook

www.facebook.com/fvpcommunity

YouTube

<http://www.youtube.com/user/FamilyVoicePeterboro>

Twitter

@familyvoice1

Website

www.familyvoice.org

Email

participation@familyvoice.org

You can keep informed by linking with us through all these channels of communication.



National and Regional News Cont.

the document from the Ministers. The Steering Group will continue to work with the Ministers and others to address the issues raised in the National Priorities document.

Other meetings included Michelle Mello, NHS England and the first Labour Party Review on Children and Families Act chaired by Sharon Hodgson MP. Lee Scott and Patrick Agius from the Department of Education joined the Steering Group to hear our views on Parent Carer experiences of the reforms in school and college settings. Lee Scott has been asked by Nicky Morgan to compile a report on his findings by the end of July 2016 and will also be seeking views from around the country, speaking to various Parent Carer groups and organisations. As we begin another financial year we would like to thank you all for your commitment and hard work. We look forward to working with you in 2016/17 as we move forward together. - *Kay Moore NNPCF London Steering Group member.*

Health Toolkit—Engaging With Health Partners

In partnership with Contact a Family and NHS England, the NNPCF was delighted to be able to plan and co-host the largest ever national gathering of parent carer forums and local and national health partners in London on 14 March 2016. This

conference was timely: the Children and Families Act 2014 and the impending Ofsted/Care Quality Commission Inspections (May 2016) focussed attention on the collective responsibilities of local areas to improve life outcomes for children and young people with special educational needs and disabilities (SEND) and their families. This includes particular responsibilities for local health partners for whom increased co-production and participation with parent carers at a local, regional and national level is something we are keen to encourage.

Parent carer forums have a central role to play at a strategic level locally, and through the NNPCF regionally and nationally, on health policy and its implementation. The evidence supporting the value of co-production is well known; it is embedded in both Section 19 of the Children and Families Act and in the Special Educational Needs and Disability Code of Practice.

Contact a Family's health project (2015/16, whose learning is summarised in this toolkit) will make a vital contribution to helping forums and the NNPCF to play these strategic roles. Working with forums in nine pilot areas across England, the project sought to build understanding and joint strategic working between parent carer forums and Clinical Commissioning Groups (CCGs) locally.

That learning was shared with delegates at our conference in

March and, through this toolkit, it is now widely available to all parent carer forums in England. There is no doubt that closer relationships are needed between CCGs and forums to make real on the promises from the Children and Families Act for better life (and health) outcomes, for all children and young people with SEND, through their Education Health and Care Plans, via SEN Support, and for health needs covered by the statutory medical conditions guidance for schools.

We know that many forums and some regions (such as the East of England) are already underway and can evidence the value of co-production in improving health outcomes. We hope now that these resources can support even more strategic working, involving all forums, CCGs and other health commissioners.

It is also something we, the NNPCF Steering Group, want to build on and develop through our continued close working with Contact a Family and our dialogue and joint working, at a national level, with NHS England, the Department of Health and others.

Local Participation, Training and Support News

OFSTED/ CQC Area Wide Inspections

Family Voice Peterborough (FVP) are looking for parents carers who will be prepared to talk to Ofsted/ The Care Quality Commission (CQC) when Peterborough are involved in their Local Area Inspection. This is open to all parents in Peterborough whose children have a variety of Special Educational Needs and Disabilities (SEND), whether they have an EHCp, a Statement or are on SEN Support.

You will be asked to be part of a focus group in which Ofsted/ CQC will be asking you various questions. The information is below. If you think you could do this please email FVP on participation@familyvoice.org and you will be contacted to discuss further. We are unsure when this inspection will take place but want to be prepared by having parents available to be part of the Focus Groups. Apologies in advance as this will be at short notice.

Further Info

Peterborough, as a 'Local Area', is due to be jointly inspected by Ofsted and CQC to evaluate how effectively they are carrying out their statutory duties in relation to children and young people with SEND, including those with a statement of SEN/Education, Health and Care Plan and those on SEN Support.

The inspection is not just a Local Authority inspection - over a 5 day period, inspectors will speak to a range of education, health and social care services to find out how they are working together to support the development of children with SEND including nurseries and early years providers, schools, colleges, children's nursing, therapy,

physiotherapy and occupational health services and social care support services. They may want to review records held by providers and services and by the local authority. Inspectors will gather the views of children, young people, parents and carers and discussions will be held with the Parent Carer Forum (FVP) and with local impartial, information, advice and support services.

The inspection will ask two questions:

1. How effectively does the local area identify children and young people who have SEND?
2. How effectively does the local area assess and meet the needs and improve outcomes for children and young people who have SEND?

Early Help Workshops

The Workshops looking at behaviours that challenge are back. They have been changed slightly after feedback and we hope you find them useful. They will be delivered by CPFT staff and supported by a Parent Representative

Who are these for?

Parents of children and young people without a diagnosis who have behaviours that challenge and would like some ideas, hints and tips on how to manage

Professionals interested in learning more and knowing what may help children and young people

Parents who have a child with a diagnosis and want to learn more and maybe refresh what they may already know

Workshop 1 (Learning Difficulties)

Date: Monday 19th September 2016

Time: 10am to 1pm

Venue: 105 Paynels, Peterborough, PE2 5QP

Workshop 2 (Social Communication)

Date: Monday 14th November 2016

Time: 10am to 1pm

Venue: 105 Paynels, Peterborough, PE2 5QP

Workshop 3 (Attentional Difficulties)

Date: Monday 16th January 2017

Time: 10am to 1pm

Venue: 105 Paynels, Peterborough, PE2 5QP

Expert Parent Programme

The Expert Parent Programme IS NOT a parenting course, it is a course designed to help you:

- Navigate the health system,
- Get the best out of your time in an appointment
- Know more about health services
- Learn the importance of understanding outcomes and person centered approaches
- Understand that you know you are the "expert" in your child
- How your unique knowledge will help others to get you the services you need

September (Delivered across two parts)

Local Participation News cont.

Date: Monday 26th and Wednesday 28th

Time: 9.30 to 12.30

Venue: 105 Paynels, Peterborough, PE2 5QP

October (Delivered across two parts)

Date: Monday 17th and Wednesday 19th

Time: 9.30 to 12.30

Venue: 105 Paynels, Peterborough, PE2 5QP

November (One full day)

Date: Wednesday 2nd

Time: 9.30 to 3.30 (Lunch provided)

Venue: The Fleet, Fleet Way, Peterborough, PE2 8DL

December (Delivered across two parts)

Date: Tuesday 13th and Thursday 15th

Time: 9.30 to 12.30

Venue: 105 Paynels, Peterborough, PE2 5QP

Pinpoint ASD & ADHD Support Groups

September

Date: Thursday 8th

Time: 10am to 12pm

Venue: 105 Paynels, Peterborough, PE2 5QP

October

Date: Thursday 6th

Time: 10am to 12pm

Venue: 105 Paynels, Peterborough, PE2 5QP

November

Date Thursday 10th

Time: 6.30 to 8.30

Venue: The Fleet, Fletton,

December

Date: Thursday 8th

Time: 10am to 12pm

Venue: 105 Paynels, Peterborough, PE2 5QP

Surveys

There have been three surveys in the past few months and two are still live. Your input into these surveys is vital to ensure the local authority know what you want and what you need.

Local Offer

<https://www.surveymonkey.co.uk/r/LocalOfferJuly2016>

This survey was designed by FVP parent carer representative (Claudia Dias) who attends the Local Offer participation group. Your views will help her to demonstrate what you think about the Local Offer.

Parent Carer Support

<https://www.surveymonkey.co.uk/r/parentcarersurvey2>

This survey was designed FVP parent carer representative (Sarah King) who attends the Carers Partnership Board. Your views will be used inform the development of services specific to parent carers.

Facebook Participation Group

After much consideration FVP have set up a new Facebook chat room to facilitate much broader participation. This is an acknowledgment that everyone does not want to attend face to face meetings for a variety of reasons and that some parents prefer the use of Facebook.

FVP have had to put set rules in place to help the group be a productive means of participation. This is not to hamper participation but to make it fair and open to all.

The group is Family Voice Peterborough SEND participation group and can be found via this link <https://www.facebook.com/groups/1301402526567310/> or by searching for the group name via Facebook.



Together we can achieve anything

Activities/ Events

Carers Trust and FVP Parent Carer Drop-In sessions

Thursday Sessions

Date: Sept 15th, Oct 25th and Nov 24th

Time: 10.30 to 12.30

Venue: 105 Paynels, Peterborough, PE2 5QP

Nov 24th: workshop for people who are caring for someone 18yrs+ (carers assessment and emergency respite forms)

Saturday Session

8th October 11 am to 2pm

Festive Carers Get Together

Date: Thursday 1st December

Time: 10.30 to 2.30

Venue: 105 Paynels, Peterborough, PE2 5QP

Details: Buffet Lunch, mince pies and the chance to chat with Carers Trust (Free to attend)

Booking: <https://www.surveymonkey.co.uk/r/FestivePEvent2016>

Parent Carer Support

Activities

Caravan Bookings for 2017

Bookings for the 2017 season opens on 1st November 2016. As in previous years, this past year included the caravan gets booked early.

The caravans are sited at Butlins Skegness and Haven Caister and both sleep 8 people. Prices include the cost of renting the caravan (not per person), utilities and wristbands/ passes to access the resort facilities.

Dogs are welcome for an extra fee but this must be agreed upon before the holiday starts with FVP to ensure site rules are not broken.

The caravans can be booked for Friday to Friday seven night Breaks; Friday to Monday three night breaks and Monday to Friday four night breaks.

Prices are available on request and can also be found on the FVP

caravan Facebook page and FVP website.

www.facebook.com/FamilyVoiceCaravan and www.familyvoice.org

All enquiries should be directed to 01733 685510 or holidays@familyvoice.org

HOLIDAY SPACES NOW LIMITED (so book straight away to avoid disappointment)



BUTLINS



HAVEN



Family Voice Peterborough—Myth Busting

IMPORTANT READ

Part of this article has been shared in the previous edition and is being shared again as there are still many myths about FVP and the information shared here busts these myths

Caravans

There seems to be some confusion about the caravans that FVP own which are used to provide families with children and young people with SEND with short breaks.

The caravans are owned solely by FVP and as part of an agreement are made available to families in Peterborough as part of Peterborough City Councils short breaks offer. The caravans are not funded or owned by Peterborough City Council and they do not fund short breaks for anyone accessing the caravans.

Priority for the caravan use is given to families across Peterborough who meet the local short breaks eligibility but are also made available to families from other local authorities who also have children and young people with SEND.

The caravans cost approximately £12,000 jointly to keep running. Over the past three years over 110 families have benefitted from the use of the caravans. FVP Trustees will look to ensure the sustainability of this service.

Also due to a change in the Law families are now no longer entitled to take term time holidays and this is not something FVP or Peterborough City Council have any control over.

Staffing

FVP currently have three staff members; one participation lead, one participation officer and one admin. All staff costs are taken from grants made available to FVP. The grants allow for staffing costs to enable FVP to meet various participation outcomes. FVP **never** use fundraised monies to pay for staffing. All monies raised through fundraising activities go towards the beneficiaries of the charity; parent carers and their children/ young people with SEND in Peterborough

Partnership Working with Peterborough City Council (PCC)

A common myth not just locally but nationally for other parents forums too is that the forum is part of the local authority. This is untrue, FVP are completely independent and work hard to ensure the voices of parent carers from a wide range of areas are heard by PCC especially in commissioning. Commissioning shape services for children and young people.

FVP regularly challenge decisions by PCC, act as a critical friend to PCC officers/ decision makers and ensure that

the life experiences of families with SEND children and young people are at the forefront of any decision making.

As a parents forum FVP **cannot**:

1. Work on only one service (i.e only CAMHs)
2. Work in just one area of disability (i.e Autism or Hearing Impairment)
3. Support just one family with getting a service or complaining about a service (i.e not being happy about a decision to get a short break and trying to challenge that decision)
4. Cover child/ young person participation
5. Conduct case work (i.e individual advocacy/ support to individuals)

FVP co-produce, provide parent carer views (parent representation) and work in partnership with PCC. FVP do-not lobby, campaign or enter into altercations with PCC.

As a parents forum there are very specific guidelines for working with LA and Health partners set out when applying for the DfE grant overseen by Contact a Family.

Forums are here to work in partnership with not against LA and Health partners to achieve the best outcomes for all children/ young people with SEND

Dates to look out for

- ⇒ 15th December 2016—
Parent Carer Festive
Get Together
- ⇒ 31st October 2016-FVP
Spooktacular
- ⇒ 17th December 2016—
FVP Festive Parties

All About Us

FVP started as group of parent carers who came together to actively seek to improve services in all areas of the lives of children and young people with disabilities or additional needs between the ages of 0—25 years. The main aim is to be the strategic consultative body within Peterborough for families, providing a liaison point for statutory and voluntary bodies. FVP also endeavour to bring parents and carers together to have a strong voice ensuring the future for their children and young people is a good one. As well as this FVP arrange national and local trips and activities for the whole family and provide short breaks at the seaside.

FVP are also a registered charity.

All Contact Details

Email:

secretary@familyvoice.org

Phone Numbers:

Office 01733 685510

Address:

105 Paynels, Peterborough, PE2 5QP

Website:

www.familyvoice.org

Face Book:

[facebook.com/fvpcommunity](https://www.facebook.com/fvpcommunity)

[facebook.com/fvpfundraising](https://www.facebook.com/fvpfundraising)

[facebook.com/FamilyVoiceCaravan](https://www.facebook.com/FamilyVoiceCaravan)

Twitter:

[@familyvoice1](https://twitter.com/familyvoice1)

Family Voice
Peterborough

Together improving services for
children and young people with
disabilities and additional needs



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We're on the Web
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