



Family Voice Peterborough

Registered Charity
1171389

Special points of interest:

- Participation News
- National and Regional News
- Local Participation News
- Spot Light

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Welcome to latest newsletter!

Hello everyone,
Welcome to our very first newsletter for 2018. We have much to update you on and hope you find the information helpful. This edition will like others focus on national, regional and local participation news; as well as provide details on any trips/ activities/ support that is happening that parent carers may want to know about.

We are putting a call out to recruit parents who wish to act as

parent representatives.

We are also continuing to offer parent carers training opportunities, including the Expert Parent Programme, Challenging Behaviour Workshops and Parent Participation.

In this edition the difficulties parent carers face in gaining support across a number of areas will be highlighted too. It is vitally important that we work together to show what difficulties we face every day

simply raising our children/ young people. We are also introducing a spotlight section to raise awareness of a group/ organisation/ service that offers some form of SEND support.

We are also putting the call out for fundraising and volunteer support as we would like to be able to run two coach trips later in the year and keep the costs of short breaks in the caravan as low cost as possible.

Don't bin me, pass me on to other parents!

Trustee Update

Welcome on board to Claudia Dias, who has joined us as a Trustee. Many of you may know Claudia as one of FVP's lead parent representatives.

Claudia brings to FVP a wealth of participation experience and knowledge. You will usually find her

working on areas such as Autism, Carers and Health Services.

FVP is also officially one year old as a Charitable Incorporated Organisation (CIO). The First Annual General Meeting has been set for 4th May at 1pm to take place at The Goldhay Centre.

Your Newsletter
Your Voices
Your Participation

National and Regional News

NNPCF steering group changes

Maureen Morris (North East representative and co-chair) and Lara Roberts (South East) have been re-selected to serve a second term as NNPCF steering group representatives. Our constitution requires that steering group members stand down for re-selection after 3 years and may serve a maximum of two 3 year terms

NNPCF strategy

The motions put forward to member forums were overwhelmingly carried (support of over 94% for all of them). As well as a new, clearer vision and mission being adopted, this means that in partnership with the DfE participation contract holder, the NNPCF steering group will proceed to set up a Community Interest Company.

The plan is for the CIC to be set up in time for the 2019-20 funding year. We will keep you posted.

DfE Contracts

Three contracts tenders are currently in progress from the DfE:

Strategic participation.

A consortium of groups has bid for this contract which brings

together four different elements that were previously in two different contracts: the running of the NNPCF (we are actually named in the contract); support for local parent carer forums (Contact); running a national children and young peoples' participation group (CDC); and support for local children and young peoples' participation groups (KIDS). Contact are the lead partner in this consortium. We do not know if anyone else has bid for this contract

IAS and IS and helpline

this is a complicated contract that has caused some confusion.

The contract is to do the following:

Create a unified IAS and IS service for each local area between April 2018 and March 2019 jointly funded by local and national government. The nature of the service in each area will be agreed and commissioned separately by the new contract holder.

To continue to support existing IAS and IS services until the new combined service is set up in each local area.

Until the new service is set up, existing IS services will be

novated onto a new DfE funded contract. So 2018-19 will effectively be a transition year. The national helpline currently run by Contact is now a part of this contract.

The NNPCF have made a number of representations around this contract highlighting the concerns and confusion in many areas and the obvious risks this brings - most notably the decay of existing services if staff feel unsettled. The DfE are issuing revised guidance. We have also got agreement that local PCFs will be involved in the design and commissioning of the new services. A consortium led by CDC (and including Contact) are bidding for this. Again, I am not aware of other bidders.

"Workforce development" - the DfE is seeking to streamline the many training and development contracts that currently exist based on feedback that practitioners find the current training offer bewildering. They are looking for a single contractor to bring this together and create a more cohesive offer (hopefully using the knowledge and sub-contracting to existing providers).

Single point of redress trial (SEND tribunals)

A national trial for an extension to the powers of the SEND tribunal will begin for all EHCPs issued after April 3rd. The key points are: The SEND tribunal may now make non-binding recommendations on Health and Social Care services in addition to the existing powers to make binding judgements on Education.

Communication Channels

Facebook

www.facebook.com/fvpcommunity

YouTube

<http://www.youtube.com/user/FamilyVoicePeterboro>

Twitter

@familyvoice1

Website

www.familyvoice.org

Email

participation@familyvoice.org

You can keep informed by linking with us through all these channels of communication.

National and Regional News Cont.

There will still need to be an education "trigger" to use this process (so there must be an education complaint, a health or social care one alone will not suffice)

The proposed changes are not trivial and they are complicated. Currently the project team are running a series of engagement events across the country and they are joining the ERPCF training day on 1 March to give you all the overview.

Other News

The DfE reports that they estimate that well over 90% of statements will have been converted to EHCPs by the 31 March deadline. They emphasise that no families should lose out if they miss the deadline - statements will still be legally enforceable and the full range of support will still be able to late conversions. The NNPCF have continued to say that we are less worried about the

deadline (within reason) and are more focussed on quality of EHCPs and have asked DfE to produce guidance on what the quality assurance checks are around EHCPs.

The NNPCF have made good contacts with the Disability Employment Strategy team at the Department of Work and Pensions. We are exploring how we might work together to develop the disability employment offer for young people leaving education. We are partnering with the British Association of Supported Employment to help them develop resources that give clear guidance on the different pathways into employment for young people with SEND.

From NNPCF update to ERPCF by Mrunal Sisodia

Local Authority SEND Reforms Grants

The DfE have announced how much each local authority (LA) will receive

to support with the SEND reforms for 2018 to 2019. This grant is likely to be the last one paid to LA's.

Peterborough City Councils allocation is £127,486.

Parent Forum Grants

Parent Forums will receive a small amount of grant funding in 2018 to 2019 and 2019 to 2020, however the actual amount per forum is not known. We think it should be about £10,000 or £15,000. This grant has very strict expenditure requirements which can be viewed on the Contact website.

To find out more about the NNPCF or ERPCF please get in contact and speak to Jo Woodhams (Parent Representative).

Leave a message with our office on office@familyvoice.org and Jo will get back in contact.

Useful sources of Participation and SEN Information

National Network of Parent Carer Forums (NNPCF)

<http://www.nnpcf.org.uk/>

Offer

[https://](https://www.peterborough.gov.uk/residents/special-educational-needs/local-offer/)

www.peterborough.gov.uk/residents/special-educational-needs/local-offer/

[services/special-educational-needs-disabilities](https://www.peterborough.gov.uk/residents/special-educational-needs-disabilities)

Contact for families with disabled children

<https://www.cafamily.org.uk/>

Council for Disabled Children

[https://](https://councilfordisabledchildren.org.uk/)

councilfordisabledchildren.org.uk/

National Deaf Children's Association (NDCS)

<http://www.ndcs.org.uk/>

Government Website

Peterborough City Council Local

<https://www.gov.uk/topic/schools-colleges-childrens->

Local Participation News

Glossary

SEND: Special Educational Needs and Disability

CYP: Children and Young People

JCU: Joint Commissioning Unit

LD: Learning Disability

LO: Local Offer

FVP: Family Voice Peterborough

NNPCF: National Network of Parent Carer Forums

ERPCF: Eastern Region Parent Carer Forum

CAMHs: Child and Adolescent Mental Health Services

AMHs: Adult Mental Health Services

NDS: Neurodevelopmental Service

PCC: Peterborough City Council

Become a Parent Representative

FVP are recruiting parent carers to act as representatives, especially for the following boards and work streams:

- * JCU (SEND)
- * Carers Board
- * Autism Board
- * Physical Disability Board
- * LD Board
- * Mental Health Board
- * Early Support Stakeholders
- * HUB Network
- * Local Offer Governance
- * CYP Transformation (CPFT)
- * CYP Board (City Hospital)

Commitment is usually about 3 to 5 hours per month, depending on the times of the boards/ meetings and time to write a report to share with other parent reps and the wider forum. Support, supervision,

reasonable expenses and remuneration will be offered to parent representatives.

To express an interest in becoming a parent representative please email on membership@familyvoice.org

Emotional Health and Wellbeing

FVP and Pinpoint have been working for some time on helping commissioners understand the needs of parent carers, and have been attending the JCU SEND Board and Emotional Health and Wellbeing Board where views are shared. Through this work parent carers have been involved in the development of the new Thrive Model.

A letter has been sent to various stakeholders about the Thrive Model and how things will work; a copy of this letter and a document detailing the Thrive model are available on the FVP website. <https://www.familyvoice.org/news>

Annual SEND/ Carers Survey

This survey is intended to:

Gain a snapshot of what people know about the Special Educational Needs and Disabilities (SEND) reforms now and how the changes brought about by the reforms have been experienced.

Look at how Parent Carers access services and support as carers.

Help Peterborough City Council Commissioning understand what support Parent Carers need and what impact the SEND changes are having.

The survey should take no more than 10 minutes to complete.

During the co-production of this survey parents/ partner agencies said parent carers may not want to be identified. To ensure this, the survey can be completed anonymously, with the last question being optional. Other questions are also optional for example the question regards household disability benefits.

We are aware some families have more than one child/ young person with SEND bearing this in mind we have adapted one section to enable you to add details of all your children/ young people on the same question.

The last question is only to gather contact details for parent carers who:

1. Wish to be kept informed and see the results of the survey
2. Want to be contacted so further concerns/ issues/ support needs can be raised.

The more information we gather to show trends the more we can demonstrate the impact changes are having on families, so please do take the time to complete as much of this survey as you can.

<https://www.surveymonkey.co.uk/r/FVPSEND17to18>

To complete the survey copy and paste the link into a web browser, alternatively email membership@familyvoice.org

Local Participation News Cont.

or call 01733 685510 and someone will complete the survey with you.

Parent Representative Perspective

My name is Claudia Dias and have been doing parent representation for the last 3 years, and yes I have enjoyed my role thoroughly, but I feel that I have to start by thanking you for the close connection that we have kept through the years and for your faithful support and participation to all the work that I have carried out for the community, your views and opinions your active participation has been essential, and there I say the heart and soul of my Co-Production work with all the different identities in Peterborough.

So what is Parent Representation? The answer is on the motto "United we stand, divided we fall". My role is to make sure that parents have a voice that is listened to on equal terms by services, parents and young people issues are taken in account, and as a result services will make improvements based on those views, views that you share with me and is why your contribution is so important to us, as a Parent forum.

The aim of every parent representative is to reach Co-Production, when a parent representative reaches co-production it means that not only parental views are listened to but we are helping shape services together and working together with services to ensure that all young

people reach better outcomes in terms of education, health and care.

Although the rules are very strict we feel that many still have doubts in what we do so I leave you with some examples of our recent work with the Local Authorities. Peterborough has now a strategy for adults and Children, Government only makes mandatory for local councils to have an adult strategy is an accomplishment due to a tiresome work from the forum. We have done extensive work on the Local Offer but also have motivated others to take our view in what Local Offer should be. The improvements are astonishing with now the adult services being added to it. But our work does not stop here.....

Parent Representation in Peterborough it is not just done at a lower level on the relevant boards is also done discussing things together with commissioning, on the Joint commissioning units the work is face passed and our input goes right to in the restructuring of services, the creation of services can happen in a meeting, and it is very rewarding to see that our opinions are always valued but also that they are noted and actioned as a possibility along with the others. Family Voice has truly become a beacon for co-production.

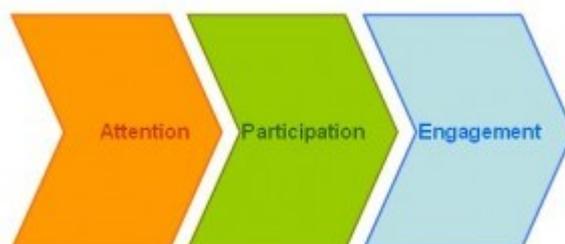
I would like to point out that on this process, the Local Authority and other services learn from us and from our knowledge as much as

we learn from them. Parent representatives are seen not as mere parents but as professionals, a professional that has the right negotiation skills, the innovation to see beyond the norm and when necessary to challenge that norm. We bring to the table something that none else has, the service user view and change services for the benefit of the service user.

Forum Update

FVP have been through a staff restructure and as such have created a new post of Forum Co-ordinator. The role of participation co-ordinators are now ended. Due to this Jo Woodhams is no longer working in this post, however she is still the ERPCF Representative and a Parent Representative (parent rep) locally for FVP. Jo is also now employed as a Family Support Worker, which means she can support families in her role with Little Miracles and still represent families in her role as parent rep with FVP.

Going forwards we are also looking at making parent representation into a paid role which will be paid at approximately £10 per hour. Watch out for further news on this.



Activities/ Events/ Support/ Training/ Fundraising

FVP have three events coming up for parent carers, their families and members of the public to attend. These events are to help raise vital funds to enable continued training, support and family based activities for Parent Carers and their children/ young people with SEND.

Mothers Day Afternoon Tea

Date: Sunday 11th March

Time: 1pm to 3pm

Venue: Goldhay Centre, PE2 5QP

Price: Adults £3.50 Children free

To Book: office@familyvoice.org

Details:

- ◇ Afternoon tea for you and your mother
- ◇ Raffle
- ◇ Light refreshments

Easter Fayre

Date: Saturday 24th March

Time: 10.30pm to 3.30pm

Venue: Goldhay Centre, PE2 5QP

Price: Free Entry for the Public
£6 per stall holder

To Book: office@familyvoice.org

Details:

- ◇ Pin tale on the bunny
- ◇ Colouring Competition
- ◇ Easter Bunny Bean bag Toss
- ◇ Raffle
- ◇ Tombola
- ◇ Easter Egg Hunt (Weather dependent)
- ◇ Guess how many eggs in the jar

- ◇ And More
- ◇ Refreshments on sale

Families First Open Access Play

February 2018 Half Term

Families First Would like to invite 5 - 13 year olds and families for free Play Sessions on -

Tuesday 13th, 11 - 2pm at
The Goldhay Centre, 105 Paynels,
Orton Goldhay.

Wednesday 14th, 10 - 3pm at the
Charteris Centre, Normanton Road,
Welland.

Thursday 15th Valentine Disco 4 -
6:30pm at the Charteris Centre,
Normanton Road, Welland.

Friday 16th, 10 - 3pm at Crofts
Corner, Essendyke, Bretton.

£1 for Lunchtime Club
or Teatime Club.

For more information, please call
Cherry Lester on 078 514 249 25

or email:

cherryfamiliesfirst@gmx.co.uk

Goldhay Centre

Various other sessions are run at the Goldhay Centre by other groups, which may be of use to parent carers and their families.

PDDCS

Peterborough and District Deaf Toddlers every other Thursday—contact Peterborough and District Deaf Childrens Society for further information.

Open Access Play

Families First also run sessions on a Tuesday afterschool (term time) between 3.15 and 5.15.

ASD/ ADHD Support

Pinpoint run monthly ASD/ ADHD support groups on a Thursday. These are free to attend and run between 10am and 12pm. Each session is themed and various professionals attend.

Check out the FVP website for news on sessions for families, trips/ activities and more

www.familyvoice.org

Little Miracles

Looking for something to do over Half Term check out Little Miracles, as they always have activities for families during holiday periods.

<http://>

www.littlemiraclescharity.org.uk/

Cerebra Workshops

Theme: DLA

Date: 6th March

Time: 10am to 2pm

Details: Free, Light Refreshments

Book:[https://](https://www.surveymonkey.co.uk/r/CerebraDLA2018)

www.surveymonkey.co.uk/r/CerebraDLA2018

Theme: Accessing Services

Date: 13th March

Time: 9.30 to 2.30

Details: Free, Light Refreshments

Book:[https://](https://www.surveymonkey.co.uk/r/CerebraAccess2018)

www.surveymonkey.co.uk/r/CerebraAccess2018

Spotlight

CHUMS

CHUMS is offering a variety of interventions that promote positive mental health and emotional wellbeing; these include:

- Self-help, advice and information
- Drop in facilities
- One to one talking therapies/ counselling (inc. CBT, solution focused therapy, play therapy)
- Group Therapy (inc. groups for anxiety, low mood)
- A Mental Health Resiliency Group
- A Recreational Therapy (CBT) informed group utilising music, football and film making.
- Support groups for parents/ carers
- A bereavement support service
- A Wellbeing Passport or Wellbeing App (for those 13+)
- The Schools Integration Project (SIP), delivered half-termly to school staff; this will provide substantial front line support for the early detection emerging mental health problems in pupils

To access the services offered by CHUMS, young people need to be aged between 5-18 years in Peterborough, or 5-25 years in Cambridgeshire (with the exception of bereavement support, which ceases at 18 years). They also need to be living in or attending a school in Cambridgeshire or Peterborough, or registered at a GP surgery which is part of the Cambridgeshire and Peterborough CCG.

Referrals can be sent in from professionals, parents/carers and from children and young people directly. There is a

Caravan News and Bookings

There will be a decrease in the prices charged for booking the caravans in 2018.

Bookings can be made by emailing

holidays@familyvoice.org.

Booking periods are for Friday to Friday (7 Nights), Monday to Friday (4 Nights)

Butlins

	High Season	Mid Season	Low Season
7 Nights	620	445	270
4 Nights	365	265	165
3 Nights	280	205	130

Haven

	High Season	Mid Season	Low Season
7 Nights	550	445	270
4 Nights	325	265	165
3 Nights	250	205	130



Family Voice
Peterborough
Caravans

Dates to look out for

- ⇒ Cerebra DLA Session
- ⇒ Sleep Solutions Session
- ⇒ Mothers Day Event
- ⇒ Cerebra Accessing Services Session
- ⇒ Easter Fayre

All About Us

FVP started as group of parent carers who came together to actively seek to improve services in all areas of the lives of children and young people with disabilities or additional needs between the ages of 0–25 years. The main aim is to be the strategic consultative body within Peterborough for families, providing a liaison point for statutory and voluntary bodies. FVP also endeavour to bring parents and carers together to have a strong voice ensuring the future for their children and young people is a good one. As well as this FVP arrange national and local trips and activities for the whole family and provide short breaks at the seaside.

FVP are also a registered charity.

Family Voice
Peterborough

Together improving services for
children and young people with
disabilities and additional needs



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facebook.com/fvpcommunity

facebook.com/fvpfundraising

facebook.com/FamilyVoiceCaravan

Twitter:

@familyvoice1

We're on the Web

@
www.familyvoice.org



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